



Brookside Primary School

Learning for Life

Newsletter Spring Term Issue 1

www.brookside.oxon.sch.uk

12th January 2024

Dear Parents/Carers,

Happy New Year, we hope you had a good Christmas and enjoyed the time off school and work. The children have all returned to school full of enthusiasm for the new term ahead. You should have received an email today with a letter from your child's teacher and a curriculum map that explains what they will be learning and doing this term. If you have any further questions after reading this information, then please ask.

Attendance

Good attendance and punctuality is vital to a child's educational success. A reminder that school starts at 8:45 a.m. and all children should be ready to enter the school at this time. Term dates for 2023/2024 and 2024/2025 are on our website, so please refer to these when booking holidays.

Christmas Science Event

On 18th December the whole school took part in the Christmas Science event in school. Each class, from EYFS to year 6, went to different teachers to participate in a Christmas themed science activity based on one of the five investigation types. Children observed cold icy 'Christmas' hands and fizzing candy canes, as well as predicted which Christmas would float or sink. Different balloons were used to create reindeers and discuss how they could move more effectively as well as using them to simulate the different environments for Father Christmas and his sleigh. All children had a brilliant time - thank you to all the staff who invented some very creative ways to investigate different scientific concepts.

If your child has been inspired to do some creative 'at home' scientific experiments, please do take photos and send them to Mrs Cooper via the office - we love to see science in action everywhere!

Atomic Tom Christmas Event

As part of our Christmas Science event, EYFS and KS1 were treated to a Christmas Show from Atomic Tom who regularly comes into school to explain and demonstrate different concepts. Highlights were: ice and exploding balloons, dry ice in a bowl, ginormous bubbles and Santa getting stuck up the chimney.

Clubs

You should have received an email yesterday with regards to the clubs on offer this term. Thank you to all staff who volunteer their time to keep these clubs free for all children.

Hygiene Bank

A reminder that we have a range of products available from the hygiene bank if parents or carers are finding it tricky to purchase hygiene products. These are available in the school office in a box under the table next to the door through to school, please come and help yourself. If you are after particular items, please speak to Mrs Ashcroft as we have more items available in school, but not the space in the entrance hall. We particularly have a number of sanitary products for girls should your older children be finding it hard to get these.

Family Links

Katie Swinburn our Home School Link Worker will be running a free 10-week nurturing programme for parents. It is a fantastic course that supports parents in building emotional health for the whole family. It can help provide strategies to understand, recognise and regulate children's behaviour at home. It supports parents with emotional regulation strategies to help build your child's self-esteem. You are more than welcome to come along to the first session before deciding if you want to attend the whole course. The course will run from the 20th February to 7th May every Tuesday (excluding the Easter Holidays) at 1.15pm for a 1.30pm start and end at 2.30pm at Brookside. Tea and coffee and biscuits will be available. Please email familylinks@brookside.oxon.sch.uk to let us know you would like to come along.

Rapunzel Pantomime, Launton Players

You may already be aware that The Launton Village Players put on a pantomime every February half term in Bicester - their next panto will be "Rapunzel" from Wednesday 14th to Saturday 17th February 2024 in the Cooper School Performance Hall and our very own Mrs Patrick has the starring role. We also have at least one child from Brookside who will be performing. All profits will be donated to Bicester Autism, who provide much needed support and opportunities to the families and carers of autistic children, those with ADHD or those awaiting a diagnosis of autism or ADHD. Information on how to book tickets is given in the flyer attached to this newsletter and I am sure Mrs Patrick and all the Players would appreciate any support.



Diary Dates

Monday 12th February—Friday 16th February—Half-Term

Friday 8th March—World Book Day

Thursday 28th March—Last day of term

Monday 15th April—Summer term starts

Monday 27th May—Friday 31st May— Half-Term

Monday 3rd June—INSET Day (school closed to all pupils)

Tuesday 23rd July—End of academic year

Tuesday 24th July—INSET Day (school closed to all pupils)

Best wishes, Mr Cornell and the staff of Brookside

PARENT WEBINAR

Parents are the most important part of young people's lives and hold the key to helping them. Let us help you, to help them.

CAMHSChild and Adolescent
Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS



SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

How Nurturing Programme Parent Groups have helped other parents

"I am a much more confident, positive and understanding parent. I feel much more able to cope now."

"We are having less family arguments and the household is a lot calmer."

"The group was fun. It's the only two hours I have for myself each week."

"The atmosphere was really relaxed. No-one judged anyone and everyone was listened to and respected."



Check out familylinks.org.uk for more information on *The Parenting Puzzle* book and the Nurturing Programme

The 10-week Nurturing Programme for parents and carers

Where:

Brookside Primary School, Bucknell Road, Bicester, OX26 2DB

This is a course for parents of pupils from Brookside, Launton and Longfields Schools

When:

The course will run from the 20th of February to the 7th of May every Tuesday (excluding the Easter Holidays) at 1.15pm for a 1.30pm start and end at 2.30pm. Tea and coffee and biscuits will be available.

Contact details:

Please email familylinks@brookside.oxon.sch.uk to book your space.



The Centre for Emotional Health

familylinks.org.uk
Registered charity 1062514



The Centre for Emotional Health

The Nurturing Programme

Information for parents and carers

How to get the best out of family life



Your School Lunch

Let's Eat
• TOGETHER •

WEEK ONE October 30th, November 20th, December 11th, January 15th, February 5th, March 4th, March 25th, April 29th, May 20th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Mixed Pepper Pizzas (V, EF)</p> <p>Classic Margherita Pizzas (Cheese & Tomato) (V, EF)</p> <p>Rainbow Pasta Salad (VG)</p> <p>Sweetcorn & Baked Beans</p> <p>Pear & Chocolate Brownie (V)</p>	<p>Cheeseburger Pasta Bake (EF)</p> <p>Fruity Vegetable Curry (VG, GF)</p> <p>Oven Baked Jacket Potato with Tuna Mayo (GF, DF, EF)</p> <p>Fluffy Rice, Broccoli & Peas</p> <p>Lemon Crumble Shortbread (V, DF)</p>	<p>Roast British Loaf of Pork (GF, DF, EF)</p> <p>Vegetarian Roast Quorn (V, GF)</p> <p>Cheddar Cheese and Lettuce Wrap (V, EF)</p> <p>Crispy Roast Potatoes & Yorkshire Pudding with Gravy</p> <p>Curly Cabbage & Carrots</p> <p>Melting Moment (V, DF, EF) with an Orange Wedge</p>	<p>Chicken & Sweetcorn Pie (DF)</p> <p>Broccoli & Cheese Pasta Bake (V, EF)</p> <p>Oven Baked Jacket Potato with Baked Beans (VG, GF)</p> <p>Green Beans & Carrots</p> <p>Apple Flapjack (V, DF, EF)</p>	<p>Golden Fish Fingers (DF, EF)</p> <p>Crispy Vegetable Spring Roll (VG)</p> <p>Honey Roast Ham & Cucumber Bag (DF, EF)</p> <p>French Fries or Pasta Baked Beans or Peas</p> <p>Strawberry Iced Smoothie (V, EF, DF, GF)</p>

WEEK TWO November 6th, November 27th, December 18th, January 22nd, February 19th, March 11th, April 15th, May 6th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Rustic Tomato & Vegetable Pasta (VG)</p> <p>Oven Baked Jacket Potato with Cheddar Cheese & Cole-slaw (V, GF, EF)</p> <p>Veggie Nugget Wrap (VG)</p> <p>Baton Carrots & Sweetcorn</p> <p>Chocolate Crispie Cake (V, DF, EF) with Mandarins</p>	<p>Morish Meatballs in a Rich Tomato Sauce (GF)</p> <p>Tasty Veggie Meatballs in a Rich Tomato Sauce (V, DF)</p> <p>Cheddar Cheese & Cucumber Bag (V, EF)</p> <p>Steamed Rice, Cauliflower & Peas</p> <p>Cranberry & Oat Cookie (V, EF)</p>	<p>Pork Bangers (EF)</p> <p>Veggie Bangers (VG)</p> <p>Roasted Vegetable Couscous Salad (V, DF, EF)</p> <p>Mashed Potatoes & Gravy</p> <p>Green Beans & Carrots</p> <p>Strawberry Jelly (V, GF, DF, EF) with Fruit Salad</p>	<p>Mac 'n' Cheese (V, EF)</p> <p>Oven Baked Jacket Potato with Baked Beans (VG, GF)</p> <p>Creamy Chicken Mayo Wrap (EF, DF)</p> <p>Broccoli & Sweetcorn</p> <p>Iced Cinnamon Swirl (V, DF, EF) With Raisins</p>	<p>Crispy Bubble Battered Fish (DF, EF)</p> <p>Mild Veggie Samosas (VG)</p> <p>Tuna & Sweetcorn Pasta Salad (V, EF)</p> <p>French Fries or Pasta Baked Beans or Peas</p> <p>Vanilla Ice Cream (V, GF, EF) with Peaches</p>

WEEK THREE November 13th, December 4th, January 8th, January 29th, February 26th, March 18th, April 22nd, May 13th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Pineapple & Sweetcorn Pizzas (V, EF)</p> <p>Classic Margherita Pizzas (Cheese & Tomato) (EF, V)</p> <p>Oven Baked Jacket Potato with Boston Beans (VG, GF)</p> <p>Corn on the Cob & Baked Beans</p> <p>Lemon & Honey Drizzle Cake with Melon (V)</p>	<p>Turkey & Vegetable Meatloaf (GF, DF, EF)</p> <p>Veggie Sausage Pasta (V, EF)</p> <p>Cheese Pinwheel (VG)</p> <p>Mashed Potatoes, Savoy Cabbage & Peas</p> <p>Sultana & Syrup Cookie (V, EF)</p>	<p>Roast Chicken Breast (GF, DF, EF)</p> <p>Vegetarian Quorn Roast (V, GF)</p> <p>Salmon & Cucumber Pasta Pot (DF, EF)</p> <p>Yorkshire Pudding, Roast Potatoes & Gravy</p> <p>Green Beans & Carrots</p> <p>Shortbread (V, EF, DF) with an Orange Wedge</p>	<p>Tuna Pasta Bake (EF)</p> <p>Chunky Bean & Veggie Chili (VG, GF)</p> <p>Oven Baked Jacket Potato with Cheddar Cheese (V, EF)</p> <p>Steamed Rice, Broccoli & Sweetcorn</p> <p>Rhubarb & Apple Crumble (V, DF, EF) with Custard (V, GF, EF)</p>	<p>Flipper Dippers (DF, EF)</p> <p>Veggie Sausage Roll (VG)</p> <p>Honey Roast Ham & Tomato Bag (DF, EF)</p> <p>French Fries or Pasta Baked Beans or Peas</p> <p>Orange & Mango Iced Smoothie (V, GF, EF, DF)</p>

Available daily – Natural yogurt, fresh fruit, fresh bread, salad bar and lots of fresh water!

Allergy advice - all our food is prepared in a kitchen where nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any food we serve will vary depending on availability.

We only select fish from sustainable sources.

Substitutes for vegetarians or vegans are available.

Our fish and chicken dishes may contain bones.

GF - GLUTEN FREE
V - VEGETARIAN
VG - VEGAN

DF - DAIRY FREE
EF - EGGS FREE
GF - GLUTEN FREE



OXFORDSHIRE
COUNTY COUNCIL

Rapunzel

A traditional family pantomime

Weds 14th to Sat 17th Feb 2024

Date	Performance Times		Adult (18+)	Child (1-17)
Weds 14 th Feb		7:30pm	£12	£6
Thurs 15 th Feb	10:30am*	2:30pm	£12	£6
Fri 16 th Feb		2:30pm 7:30pm	£14	£7
Sat 17 th Feb		2:30pm 7:30pm	£14	£7

*Relaxed Performance
Thursday
at 10:30am

Family Tickets
available at
discounted
prices!

In Cooper School Performance Hall, Bicester, OX26 4RS

Tickets available from
www.ticketsource.co.uk/lvp
(or call 07864 715708 for assistance)



Early Bird
Discount!
Quote EARLYBIRD and
get 10% off if you book
before 1st Jan!

Scan here for tickets!



Suitable for the whole family to enjoy!
All profits donated to Bicester Autism

CHARITY QUIZ NIGHT

In aid of **ARCh**

Assisted Reading for Children

Join ARCh's quiz master for an evening of fun.

Tickets include raffle entry and sandwich buffet

£15 booked through Eventbrite

Teams of up to 6

Paid Bar



Friday 19th January 2024

7:00PM



Bicester Hotel Golf and Spa,
Chesterton, OX26 1TE
studios@bicesterhgs.com



<https://www.eventbrite.co.uk/e/charity-quiz-night-in-aid-of-arch-at-bicester-hotel-golf-and-spa-tickets-758585829637?aff=oddtcreator>



OXFORD UNITED
IN THE COMMUNITY



Girls Only Football Camp February Half Term 2024



GIRLS ONLY 5-13 YEARS OLD

£99 FOR 5 DAYS

£30 PER DAY

9AM - 3PM

**12th to 16th February
2024**

Venue:

The Oxford Academy (indoor sports hall / dome)
Sandy Lane
Littlemore
Oxford OX4 6JZ

Book Now: <https://ouitc.org/course/holiday-courses/>



FEBRUARY HALF TERM



12TH - 16TH FEBRUARY 2024



ELITE ACTIVITIES

- Bubble Football
- Crazy Golf | Nerf Wars
- Soft Archery | Laser Tag
- Glow-in-Dark Dodgeball
- Seasonal themed arts & crafts and so much more...

For the full list of activities please visit www.elitecamps.co.uk
for more page information. Age will be 11+ only

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Boys & Girls | Ages 5 to 13

Timing : 9:00 AM to 3:30 PM

Extended hours 08:30 - 17:00 are also available for an extra £5 per day.

Half day sessions available for children age four years old.

All sessions can be booked online via our website or by calling the office

SAVE 40%..
..with our **Introductory offer** this February half term only!



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SEE REVERSE FOR MORE ACTIVITIES

GAGLE BROOK SCHOOL, OX27 8BD

12TH - 15TH FEBRUARY

AGES 5-11 | £49 PER DAY

9AM - 4PM DAILY



Find your nearest location on our website:

www.nextthing.education

FEBRUARY HOLIDAYS 2024

LIMITED SPACES AVAILABLE



Virtual
Reality



Curious
Coders



Ingenius
Inventions



Expert
Engineers



Tech
Fun

Different activity theme each day, please check website for your camp activities

WHAT TO BRING...



Packed Lunch
and Snacks
(MUT-FREE)



Water
Bottle



Medication
If Required



Weather
Appropriate
Clothing

HOW TO BOOK

CLICK HERE

www.nextthing.education

OR SCAN



FIND YOUR LOCATION



GET £8 OFF! USE CODE
AT CHECKOUT

FF5

✓ The BEST camp around!

My daughter is fully inspired and will not stop talking about the amazing time she had. The Staff were experienced, welcoming and encouraging."

- Happy Parent 😊



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