3<sup>rd</sup> November, 24<sup>th</sup> November, 15<sup>th</sup> December, 19<sup>th</sup> January, 9<sup>th</sup> February, 9<sup>th</sup> March **WEEK ONE** 

**MONDAY** 

Margherita Pizza

(Cheese & Tomato) (V. EF) Spinach & Potato Curry

Egg Mayo & Lettuce Bap (V, DF)

> Sweetcorn & **Baked Beans**

Shortbread (V, EF, DF) & Raisins

TUESDAY

Pork Sausages (EF, DF

Veggie Sausage (VG)

**Jacket Potato with** Cheese (V, GF, EF) or Baked Beans (VG, GF)

Mashed Potatoes. Carrots & Green Beans & Gravy

Chocolate & Mandarin Brownie (V, DF)

WEDNESDAY

Roast Gammon (GF, EF, DF,

Vegetarian Quorn Roast (V, GF)

Rainbow Rice Salad (VG, GF)

Roast Potatoes. Yorkshire Pudding, Curly Cabbage & Peas

Cinnamon Cookie (V, EF)

**THURSDAY** 

Chicken, Tomato &

Pepper Pasta (EF, DF

Pizza Pinwheel (V. EF) with New Potatoes

Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)

Carrots & Sweetcorn

Vanilla Sponge Cake (V, DF)

**FRIDAY** 

Fish Fingers (DF, EF)

Veggie Samosa's (VG) Tuna & Sweetcorn Bap (DF, EF)

> Chips or Pasta Peas &

Baked Beans Vanilla Ice Cream

(V, GF, EF) with Peaches

**WEEK TWO** 

10th November, 1st December, 5th January, 26th January, 23rd February, 16th March

**MONDAY** 

Margherita Pizza (Cheese & Tomato) (V. EF)

Rustic Tomato Pasta (VG) Cheddar Cheese & Lettuce Bap (V, EF)

> Sweetcorn & Baked Beans

> > Cherry **Biscuit** (V, EF)

TUESDAY

Meatballs in a Tomato

Sauce (GF, DF, EF)

Veggie Meatballs in a

Tomato Sauce (V. EF. DF) Baked Jacket Potato with

Cheese (V, GF, EF) or Baked Beans (VG, GF)

Pasta, Vegetable Medley & Broccoli

> **Chocolate Cornflake** Cake (V, DF, EF)

WEDNESDAY

Roast Chicken Breast (GF, DF, EF)

Vegetarian Quorn Roast (V, GF)

Tuna & Sweetcorn Pasta Salad (EF. DF)

Yorkshire Pudding, Roast Potatoes & Gravy Carrots & Cauliflower

> Strawberry Jelly (V. GF. DF. EF) with Peaches

THURSDAY

BBQ Pork (GF. EF. DF) with Rice

Mac 'n' Cheese (V, EF) Baked Jacket Potato with

Cheese (V, GF, EF) or Baked Beans (VG, GF)

Peas & Green Beans

Lemon Drizzle Cake (V, DF)

FRIDAY

Chicken Nuggets (Ef, DF)

Crispy Veggie Dippers

Breaded Salmon Bap with Mayo & Lettuce (EF, DF)

French Fries or Pasta **Baked Beans** or Sweetcorn

> Shortbread (V, EF, DF) with an

**WEEK THREE** 

17th November, 8th December, 12th January, 2nd January, 2nd March, 23rd March

### MONDAY

Margherita Pizza

(Cheese & Tomato) (V, EF)

Bean & Vegetable Fajitas

Cheddar Cheese & Tomato Pasta Salad (V, EF)

> Sweetcorn & Carrots

Golden Cornflake Cookie (V, EF, DF) with Mandarins

# **TUESDAY**

Sausage Plait (DF)

Veggie Sausage Roll (V. EF)

Jacket Potato with Cheese (V. GF. EF) or Baked Beans (VG, GF)

Oven Baked Potato Wedges, Peas & Baked Beans

Iced Sprinkle Cake (V, DF)

# WEDNESDAY

Roast Loin of Pork

Vegetarian Quorn Roast (V, GF)

Tuna & Cucumber Bap (DF, EF)

Roast Potatoes & Yorkshire Pudding with Gravy

Savoy Cabbage & Carrots

Sultana & Syrup Cookie (V, EF)

### THURSDAY

ottage Pie

Veggie Cottage Pie (V, GF, EF)

Baked Jacket Potato with Cheese (V. GF. EF) or Baked Beans (VG, GF)

Broccoli & Vegetable Medley

**Melting Moment** (V, DF, EF) with Pineapple

## FRIDAY

Flipper Dippers (DF, EF)

Vegetable Spring Rolls

(VG, GF) Cheese & Cucumber Bap (V, EF)

Chips or Pasta Peas & **Baked Beans** 

Iced Fruit

Smoothie (V, GF, EF, DF)

Available Daily - Fresh bread, Salad Bar, and lots of Fresh water, as well as a choice of natural yoghurt, or fresh fruit as an alternative to dessert

Allergy advice — All our food is prepared in a kitchen where any of the 14 Allergens may be present, and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergeninformation is available from your school. Any fish we serve will vary depending on availability.





