



Brookside Primary School

Learning for Life

Newsletter Spring Term Issue 2

www.brookside.oxon.sch.uk

26th January 2024

Dear Parents/Carers,

Time Tables

We certainly have some true rockers in Year 4 as many of them have been busy competing in the TT Rockstars competition in readiness for the 'Officially Unofficial Multiplication Check'. Our top scorers enjoyed hot chocolate, biscuits and extra playtime this afternoon. A special well done goes to Elijah and Poppy who were our highest points earners. Well done everyone, thank you for your hard work with those times tables, keep it up!

Mental Health Support Team (MHST) Parent Sessions

We are really pleased that CAMHS (Child and Adolescent Mental Health Services) MHST has agreed to come to Brookside to run two sessions for parents this spring. We will be sending round more booking details when they have sent them to us. In order for you to book time off work or childcare for younger siblings the details of the sessions are below. Some staff have been fortunate enough to attend these sessions before and they are really useful for all parents of children of any age.

Thursday 14th March – 1pm – 3pm – Anxiety in children and how to support them

Thursday 18th April – 1pm – 3pm – How adults can change to support children with their mental health

Science at home!

Mrs Cooper and the newly formed Science Council are keen you get you talking and doing science at home! This is not as challenging as it seems - science is everywhere and forms part of our daily lives. Below are some links to various ideas to get you started.

50 things to do before you're 11¾ | Visit | National Trust - you could go on a welly walk (discuss mud and different soils), create some wild art (identify trees and materials) or cloud watch whilst discussing the water cycle.

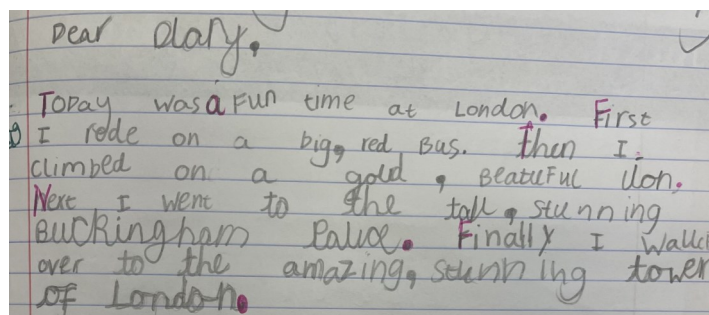
50 Things To Do - this is a mobile app designed for EYFS and KS1 - lots of practical science activities on here!

Finally, a great social media group is Little Explorers who publish many different, (often free) activities across Oxfordshire including science based ones! Mrs Cooper's favourite is the Natural History Museum in Oxford! See below for their BINGO.

If you take any photos of your children undertaking science at home, please send them into the school office so they can be put on our 'science at home' display board in school.

Handwriting Heroes

Over the next few issues of the newsletter we will be highlighting some excellent examples of quality handwriting at Brookside. This week is Enid in Year one!



Football Report

Brookside's football team took on Langford Village in a Bicester League match. Unfortunately, despite a great performance by the boys, they lost 2-0, which was an unfair reflection of the game as they dominated the territory and possession on a very poor pitch.

Year 5/6 Bicester Swimming Gala

Children in Year 5/6 competed in the Bicester swimming gala at the Bicester Leisure Centre. The children were a pleasure to take and demonstrated brilliant swimming ability. The girls finished 7th overall and the boys 5th. There are a number of fish in our cohort at Brookside. Special mention to Betsy who manage to win her backstroke heat.

FoBS

Happy New Year from FoBS! This Spring Term, events kick off with our School Disco on the 7th Feb. Letters have been sent home with your child this week. Payment and permissions are via the ParentPay app, please see the office if you need assistance. If there are any parents or carers who have the time and would like to help out at disco, or any future events (see our calendar of events below) please let the office know or email chairfofs@gmail.com as you would be most welcome.

Jiu Jitsu Sessions

Over the next month all children in school will benefit from a short jiu jitsu session where they will be encouraged by the coaches to form a link between the importance of exercise, self-defence, physical and mental health. These will be run by Natalie and Andrej from Grow Jiu Jitsu. We have many pupils in school who join their sessions which take place each Monday and Friday straight after school and also on a Thursday evening. If your child enjoys the session and you would like your child to join the club then please contact Natalie on 07742828613 or look on their website to book a free trial - <https://growjiujitsu.com/>

Phones

Thank you for reminding your children to hand in their phone to the school office at the beginning of the school day. Children are not allowed to use their phones on the school site before or after school. This is to ensure the safeguarding of all of our children.

Smoking

A reminder that Brookside is a no smoking site. This includes the areas directly outside the school gates. Thank you for your cooperation in keeping our site smoke free.

Mud

Please could all children not walk or wait on the grass before school as it is bringing mud into the school.

All children should be waiting on the playground and using the paths rather than the grass verge to come down from the back gate. Thank you for your co-operation.

Paired Reading—A guide for parents and carers

Paired Reading is a good way for parents and carers to help with their child's reading. It enables children to experience success in reading, and it is therefore particularly useful for children who find reading difficult, lack confidence in their reading abilities or might be reluctant to read.

Evaluations of Paired Reading show that it helps to develop children's reading accuracy and comprehension skills, alongside increasing their confidence and motivation for reading. Importantly, most children enjoy Paired Reading. Paired reading has two simple steps.



Step 1 – reading together

You and your child both read the words out loud together. Keep a steady pace and match your speed to how fast or slow your child reads. At first, your child may read the words just after you. Make sure your child looks at the words. It can help if your child points to the words you are both reading. If your child:

- Struggles for more than 3 or 4 seconds
- Makes a mistake

Say the correct word yourself Make sure your child says the correct word as well

Step 2 – reading alone

When you are reading together and your child feels confident, they might like to read some of the book alone. When your child is confident, you can either:

- Gradually lower your voice until they are reading on their own, or
- Agree on a way for them to signal to you to be quiet. This could be a knock or a squeeze (we don't want the child to say 'be quiet' or they will lose track of their reading!). When your child makes this signal, stop reading straight away and let them carry on by themselves.

If, when reading alone, your child struggles for more than 3 or 4 seconds, or makes a mistake, read the correct word and make sure your child then says it too. Then you both go back to reading out loud together until your child feels confident to read alone again and gives you the signal to be quiet, or you begin to gradually lower your voice.

With Paired Reading, when your child gets a word wrong, just tell them what it says and ask them to repeat it. We don't ask them to sound it out or break it up.

When your child gets words right, smile and show you are pleased. Don't worry about any of the words your child got wrong.

Paired Reading top tips

Books

Your child should choose the book; they will learn to read more easily from books they like. If they get fed up with a book and want to change it, that's fine. Only read a book again if your child wants to.

Talk

Spend a little time talking about the book together. Talk about the pictures and the title – what might it be about? Talk about what happens in the book as you go through it, perhaps at the end of a page or section. What does your child think might happen next? Have they had similar experiences? What would they do if they were one of the characters?

Time

Try to do Paired Reading every day. Between 5-15 minutes is enough. Don't do more than 15 minutes unless your child really wants to carry on. If you don't have time to do Paired Reading every day, anyone can help. Grandparents or older siblings might like to do Paired Reading. Just make sure they do it in just the same way as you.

Place

Try to find a place that is quiet; it is hard for children to read when it is noisy or there is a lot going on. Turn off the tv and put away any screens/tablets that might distract your child. You should sit somewhere comfortable that allows both of you to look carefully at the book. (Thank you to Dr Cathryn Neesam, Oxfordshire Educational Psychology Service, for this information)



Diary Dates

Monday 12th February—Friday 16th February—Half-Term

Thursday 28th March—Last day of term

Monday 15th April—Summer term starts

Monday 27th May—Friday 31st May— Half-Term

Monday 3rd June—INSET Day (school closed to all pupils)

Tuesday 23rd July—End of academic year

Wednesday 24th July—INSET Day (school closed to all pupils)

Thank you for your continued support of your child's education,
Mr Cornell and the staff of Brookside

- ✓ Choose an adventure
- 🖥️ Head to littleexplorers.com
- 🔍 Type the name of the adventure into the search bar
- 🌟 Find all the details you need for a great day out!

All the adventures are free to enjoy

Adventure Bingo!				
OXPLORERS				
Brill playground HP18 9RT 25 minutes	Swyncombe circular walk RG9 6EA 25 minutes	Tiddington playground OX9 2LY 9 minutes	Phoenix Trail (Cycle Route 57) OX9 2AT 15 minutes	Hinksey Heights Nature Trail OX1 5AB 22 minutes
Coombe Hill circular walk HP17 0UR 35 minutes	Chilswell Valley OX1 5AP 12 minutes	Oxfordshire Museum OX20 1SN 16 minutes	Thrupp Lake OX14 3ND 17 minutes	Waterperry to Waterstock OX33 1LA 7 minutes
Faringdon Folly SN7 8EP 25 minutes	Wandering Kitchen Queensford Lakes OX10 7PQ 15 minutes	Sutton Courtenay playground OX14 4AR 26 minutes	The Leys playground OX29 5RJ 25 minutes	Faringdon Cycle Park SN7 8BF 25 minutes
Warburg Nature Reserve RG9 6BJ 40 minutes	Blenheim Estate Community Path OX29 8LA 17 minutes	Farmoor Reservoir OX2 9NS 20 minutes	Millenium Green Mosaic Trail OX13 5AP 20 minutes	Modern Art Oxford OX1 1PB 15 minutes
Otmoor RSPB Nature Reserve OX3 9UR 10 minutes	Wayland's Smithy walk SN7 7QJ 40 minutes	Exeter Hall playground OX5 1AB 10 minutes	Cumnor Hurst Ox2 9PR 15 minutes	Blenheim Park - Combe Gate OX29 8ND 24 minutes

Your School Lunch

Let's Eat
TOGETHER

WEEK ONE February 5th, March 4th, March 25th, April 29th, May 20th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Mixed Pepper Pizza (V, EF)</p> <p>Classic Margherita Pizza (Cheese & Tomato) (V, EF)</p> <p>Rainbow Pasta Salad (VG)</p> <p>Sweetcorn & Baked Beans</p> <p>Pear & Chocolate Brownie (V)</p>	<p>Cheeseburger Pasta Bake (EF)</p> <p>Fruity Vegetable Curry (VG, GF)</p> <p>Oven Baked Jacket Potato with Tuna Mayo (GF, DF, EF)</p> <p>Fluffy Rice, Broccoli & Peas</p> <p>Lemon Crumble Shortbread (V, DF)</p>	<p>Roast British Loins of Pork (GF, DF, EF)</p> <p>Vegetarian Roast Quorn (V, GF)</p> <p>Cheddar Cheese and Leek & Onion Wraps (V, EF)</p> <p>Crispy Roast Potatoes & Yorkshire Pudding with Gravy</p> <p>Curly Cabbage & Carrots</p> <p>Melting Moment (V, DF, EF) with an Orange Wedge</p>	<p>Chicken & Sweetcorn Pie (DF)</p> <p>Broccoli & Cheese Pasta Bake (V, EF)</p> <p>Oven Baked Jacket Potato with Baked Beans (VG, GF)</p> <p>Green Beans & Carrots</p> <p>Apple Flapjack (V, DF, EF)</p>	<p>Golden Fish Fingers (DF, EF)</p> <p>Crispy Vegetable Spring Roll (VG)</p> <p>Honey Roast Ham & Cucumber Bap (DF, EF)</p> <p>French Fries or Pasta</p> <p>Baked Beans or Peas</p> <p>Strawberry Iced Smoothie (V, EF, DF, GF)</p>

WEEK TWO February 19th, March 11th, April 15th, May 6th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Rustic Tomato & Vegetable Pasta (VG)</p> <p>Oven Baked Jacket Potato with Cheddar Cheese & Coleslaw (V, GF, FF)</p> <p>Veggie Nugget Wrap (VG)</p> <p>Baton Carrots & Sweetcorn</p> <p>Chocolate Crispie Cake (V, DF, EF) with Mandarins</p>	<p>Moorish Meatballs in a Rich Tomato Sauce (GF)</p> <p>Tasty Veggie Meatballs in a Rich Tomato Sauce (V, DF)</p> <p>Cheddar Cheese & Cucumber Bap (V, EF)</p> <p>Steamed Rice, Cauliflower & Peas</p> <p>Cranberry & Oat Cookie (V, EF)</p>	<p>Pork Bangers (EF)</p> <p>Veggie Bangers (VG)</p> <p>Roasted Vegetable Couscous Salad (V, DF, EF)</p> <p>Mashed Potatoes & Gravy</p> <p>Green Beans & Carrots</p> <p>Strawberry Jelly (V, GF, DF, EF) with Fruit Salad</p>	<p>Mac 'n' Cheese (V, EF)</p> <p>Oven Baked Jacket Potato with Baked Beans (VG, GF)</p> <p>Creamy Chicken Mayo Wrap (EF, DF)</p> <p>Broccoli & Sweetcorn</p> <p>Iced Cinnamon Swirl (V, DF, EF) With Raisins</p>	<p>Crispy Bubble Battered Fish (DF, EF)</p> <p>Mild Veggie Samosas (VG)</p> <p>Tuna & Sweetcorn Pasta Salad (D, EF)</p> <p>French Fries or Pasta</p> <p>Baked Beans or Peas</p> <p>Vanilla Ice Cream (V, GF, EF) with Peaches</p>

WEEK THREE January 29th, February 26th, March 13th, April 22nd, May 13th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Pineapple & Sweetcorn Pizza (V, EF)</p> <p>Classic Margherita Pizza (Cheese & Tomato) (EF, V)</p> <p>Oven Baked Jacket Potato with Boston Beans (VG, GF)</p> <p>Corn on the Cob & Baked Beans</p> <p>Lemon & Honey Drizzle Cake with Melon (V)</p>	<p>Turkey & Vegetable Meatloaf (GF, DF, EF)</p> <p>Veggie Sausage Pasta (V, EF)</p> <p>Cheese Pinwheel (VG)</p> <p>Mashed Potatoes, Savoy Cabbage & Peas</p> <p>Sultana & Syrup Cookie (V, EF)</p>	<p>Roast Chicken Breast (GF, DF, EF)</p> <p>Vegetarian Quorn Roast (V, GF)</p> <p>Salmon & Cucumber Pasta Pot (DF, EF)</p> <p>Yorkshire Pudding, Roast Potatoes & Gravy</p> <p>Green Beans & Carrots</p> <p>Shortbread (V, EF, DF) with an Orange Wedge</p>	<p>Tuna Pasta Bake (EF)</p> <p>Chunky Bean & Veggie Chili (VG, GF)</p> <p>Oven Baked Jacket Potato with Cheddar Cheese (V, EF)</p> <p>Steamed Rice, Broccoli & Sweetcorn</p> <p>Rhubarb & Apple Crumble (V, DF, EF) with Custard (V, GF, EF)</p>	<p>Flipper Dippers (DF, EF)</p> <p>Veggie Sausage Roll (VG)</p> <p>Honey Roast Ham & Tomato Bap (DF, EF)</p> <p>French Fries or Pasta</p> <p>Baked Beans or Peas</p> <p>Orange & Mango Iced Smoothie (V, GF, EF, DF)</p>

Available daily – Natural yogurt, fresh fruit, fresh bread, salad bar and lots of fresh water!

Allergy advice - all our food is prepared in a kitchen where nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability.

We only select fish from sustainable sources.

Suitable for vegetarians or vegetarian option available.

Our fish and chicken dishes may contain bones.

VEG: VEGETARIAN
VG: VEGAN

EF: EGG FREE
DF: DAIRY FREE
GF: GLUTEN FREE



OXFORDSHIRE
COUNTY COUNCIL

FoBS Upcoming Events





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12TH - 15TH FEBRUARY

AGES 5-11 | £49 PER DAY

9AM - 4PM DAILY

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OFFICERS
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www.nextthing.education

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(NOT FREE)



Water Bottle



Medication if Required



Weather Appropriate Clothing

HOW TO BOOK

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- Happy Parent 😊



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